



NEW FORMULA

Plant
Life Shake™

New formula Life Shake!

- ▶ Your body's secret weapon...
- ▶ Key ingredients
- ▶ Much more than a shake!

Your skin deserves better sun protection!

- ▶ NEW Shield Mineral Sunscreen SPF 30
- ▶ Key ingredients
- ▶ Proven science
- ▶ Why you'll LOVE it!



Shaklee
Sparkling
Protein™

Coming this fall... fuel that fizzes!

- ▶ NEW Sparking Protein!
- ▶ An amazing 40 g of protein!
- ▶ No artificial junk
- ▶ Zero sugar / 160 calories
- ▶ Crisp Lemon-Lime flavor

This email newsletter has been sent to you compliments of:

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Shaklee®
INDEPENDENT DISTRIBUTOR

Making a Difference!

Through Shaklee, we are all...

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New fuel that fizzes

[In rebuilding your health, the first material you must consider is] PROTEIN... for it is the basic food of all animals. Of course, protein is found in the cells of all vegetables, too. However, as 95% of your cell structure is protein, it requires a goodly supply to make repair and build new cells. Without protein, there would be no cells.

Without protein, there would be no body.

You must not only consider the QUANTITY of protein you eat... you must give careful consideration to its QUALITY. Protein that does not provide all of the amino acids may weaken your body structure by failing to do the complete job.

~ A Study Course in Nutrition by Forrest Shaklee Sr., DC, DD

The NEW Plant Life Shake...

- Zero grams of sugar (naturally sweetened and with monk fruit and RebM)
- Now with vitamin K to support bone health (30% DV)
- More vitamin B12 to support energy and brain health (now 100% DV)
- More calcium to support strong bones, teeth, and muscle function (now 50% DV)
- More vitamin D for calcium absorption, bone health, immune function, and mood support (now 100% DV) .



New formula Life Shake!

Whether you're crushing a workout, chasing your kids, or just checking off your to-do list, your body is doing some serious work behind the scenes... and protein is its secret weapon.

From your head to your heels, protein is the ultimate multitasker. It builds strong muscles, glows up your skin, powers your immune system, and keeps your energy steady all day long.

Bottom line? Without enough protein, your body can't keep up.

Protein = longevity in action

This essential nutrient does way more than just support your gym gains. Protein helps you stay strong, sharp, and resilient... no matter your age.

And now, the **Shaklee Plant Life Shake** you love is now even better! The new **Life Shake** pairs plant protein with foundational nutrition to fuel lifelong wellness.

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Issue #271

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Product Ordering Guide

Item Code	Product	Item Code	Product
21410	Plant Life Shake Vanilla 14 svgs		
21411	Plant Life Shake Choc 14 svgs		
21412	Plant Life Shake Vanilla 14 svgs		
21413	Plant Life Shake Choc 28 svgs		
32641	Shield Sheer Mineral Sunscreen		

Exciting NEW products... now and on the horizon!

Protein: Your body's secret weapon for strength and health

The NEW Life Shake: Key ingredients...

➤ **Sustainably sourced (non-GMO) North American yellow pea protein, organic chia seed protein, and organic pumpkin seed protein (20g):** Precise ratios of 9 essential amino acids and a complete BCAA profile stimulates muscle protein synthesis, builds lean muscle, supports metabolism and burns fat.

➤ **Leucine:** Initiates the muscle-building process.

➤ **Fiber (6g):** Supports digestive health, regularity, blood sugar management, and satiety.

➤ **Prebiotics:** Ancient grain blend of organic millet, buckwheat, amaranth to support microbiome health.

➤ **Digestive enzymes:** Papaya and pineapple enzymes break down proteins to support digestion and nutrient absorption.

➤ **ALA (an essential omega-3 fatty acid):** Supports heart health and serves as a precursor to EPA and DHA.

➤ **25 essential vitamins & minerals, including:**

☑ Potassium, magnesium, and B vitamins support heart health.

☑ B vitamins support brain health and energy production.

☑ Vitamins A, C, and E, along with zinc support vision and eye health.

☑ Calcium, vitamin D, and magnesium support bone health.

☑ Vitamins C, D, and zinc provide immune support.

Contains no artificial sweeteners, colors or flavors... is vegan, non-dairy, plant-based, Kosher, gluten-free, and non-GMO.

When it comes to foundational nutrients, protein stands in a league of its own. While often associated with fitness and muscle gain, its benefits extend far beyond the gym. Protein is vital to almost every system in your body... and getting enough of it is key to both strength and long-term health.

At its core, protein is made up of amino acids, the structural components your body uses to grow and repair itself. Of the 20 amino acids you need, nine are considered "essential"... meaning they must be obtained from your diet.

How protein supports health and performance

➤ **Muscle growth & recovery:** Protein helps build and repair muscle fibers, especially after exercise or physical stress.

➤ **Structural integrity:** It provides support for bones, tendons, skin, and connective tissue.

➤ **Biological function:** Protein is used to create enzymes and hormones that control everything from digestion to mood.

➤ **Immune defense:** Antibodies, the cells that defend you from illness, are made from proteins.

➤ **Movement & energy:** Protein fuels muscle contractions and plays a key role in metabolic efficiency.

What's more, protein has a high thermic effect... your body uses more energy to digest and metabolize it compared to carbs or fats. This gives your metabolism a natural lift.

Regardless of age or activity level, protein is an essential nutrient for everyone. Ensuring you



get adequate daily intake can enhance your strength, energy, and overall wellness.

Much more than a shake!

Here's why you'll love the new **Plant Life Shake:**

☑ **Formulated to be non-inflammatory.** With 20 g of protein, 6 g of fiber, and 0 g of sugar, this low-glycemic shake helps slow glucose digestion and absorption, reducing food-related inflammation.

☑ **Naturally boosts GLP 1 levels.** Supports appetite control and reduces cravings by naturally increasing GLP-1 hormone levels.

☑ **Supports metabolic health.** Boosts energy with 20 g ultra-pure protein and a precise ratio of essential amino acids.

☑ **Supports your gut microbiome.** Delivers 6 g of fiber, a proprietary prebiotic from organic ancient grains, and digestive enzymes to support gut health, maintain a healthy gut microbiome, and support digestion and regularity.

☑ **Supports heart, brain, immune, and bone health.** Packed with 25 essential vitamins and minerals,

including the methylated B vitamins methylfolate and methylcobalamin, ALA (an essential omega-3 fatty acid), and other key nutrients to support overall health and wellness.

☑ **Two delicious flavors.** Choose from French Vanilla or Rich Chocolate.



Your skin deserves better sun protection. Here's why...

Let's get real: SPF isn't optional! Whether you're lounging beachside or working from a sunny window, your skin is under attack from UV rays. And those rays? They're the #1 cause of visible aging. If glowing, youthful skin is your goal, daily SPF is non-negotiable.

But not all sunscreens are created equal. Mineral-based SPF is your skin's smartest shield,, and here's why:

Chemical vs. Mineral: Know the difference

Chemical sunscreens absorb UV rays and turn them into heat. Some contain harsh ingredients linked to irritation and hormone disruption. Mineral sunscreens? They sit on your skin and deflect UV rays... no absorption, no nonsense.

Why go mineral?

- ☑ Works immediately
- ☑ Non-toxic, non-irritating
- ☑ Reef-safe and eco-conscious

Upgrade to new Shield Sheer Mineral Body Sunscreen SPF 30

Protect your skin from daily sun exposure with NEW Shield Sheer Mineral Body Sunscreen SPF 30... a sheer, mineral-based body sunscreen featuring

clear zinc oxide, antioxidants, and patent-pending polyphenols to protect skin, coconut fruit extract and Lactobacillus to support the moisture barrier, plus squalane and coconut fruit extract to replenish and hydrate.

Key Ingredients

➤ **Clear, non-nano zinc oxide** offers sheer, lightweight, fast-



absorbing broad spectrum sun protection against UVA/UVB rays.

➤ **Squalane & coconut fruit extracts** lock in hydration.

➤ **Coconut fruit extract + Lactobacillus** support the skin's moisture barrier.

➤ **Patent-pending Polyphenol Blend** offers antioxidant benefits to protect against harmful free radical damage with a blend of muscadine grape extract, chardonnay grape seed extract, and trans-resveratrol.

➤ **Vitamin E and magnolia bark extract** provide antioxidant protection against free radical damage that can prematurely age the skin.

Proven science

➤ **Potent polyphenols.** Contains an all-natural polyphenol blend featuring high concentrations of antioxidants, including those naturally present in the muscadine grape plus resveratrol and chardonnay grape seed extract.

➤ **Nutrient rich.** Contains vitamins and nutrients that help balance the moisture barrier and target free radical damage that can prematurely age the skin.

➤ **High performance.** Features carefully selected, potent ingredients inspired by nature, perfected by science, and optimized for body care.

➤ **EWG Verified®.** No parabens, phthalates, silicones, PEGs, artificial colorants, or GMOs. Clean ingredients, formulated without 2,500+ ingredients that are potentially harmful to health or the environment.

➤ **Conscious.** Cruelty-free, vegan, dermatologist-tested, and clinically tested.

Powered by Clear Zinc Oxide

- 100% mineral sunscreen (non-chemical)
- Sheer
- Fast absorbing
- Lightweight
- Residue-free
- Non-chalky
- Non-nano



Why you'll LOVE Shield Sheer Mineral Body Sunscreen

- **Protects:** Clear zinc oxide protects against UVA/UVB rays and a patent-pending blend of antioxidants neutralizes free radicals that can prematurely age the skin.
- **Supports healthy skin:** Coconut fruit extract and Lactobacillus support the skin's moisture barrier, its first line of defense.
- **Hydrates & replenishes:** Squalane and omega fatty acids counteract dehydration caused by sun exposure and keep skin feeling healthy and hydrated.

How to use...

- Shake well before using. Apply liberally 15 minutes before sun exposure. During sun exposure, reapply:
 - ☐ After 40 minutes of swimming or sweating
 - ☐ Immediately after towel drying
 - ☐ At least every 2 hours for maximum sun protection



Coming this fall*... fuel that fizzes!

How much protein do you need?

New science reveals you need far more protein to preserve and build lean muscle... up to 0.8 grams per pound of target body weight. But today's diet isn't even close to delivering that.

Lean muscle begins declining in your 30s and accelerates in your 50s, quietly eroding strength, slowing metabolism, and sapping vitality. Muscle isn't just for athletes... it's one of the strongest predictors of how well you age. Yet most people are unknowingly under-consuming protein, widening the gap between how we want to age and how we're actually aging. Less muscle. More fatigue. Faster decline.

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Meet **Shaklee Sparkling Protein...** the first-of-its-kind functional protein seltzer with 40 grams of next-gen whey protein. It's not just a refreshing sip... it's serious support for muscle, metabolism, and appetite control.

Why it works

- ✔ **Muscle repair & growth:** Loaded with BCAAs... especially

leucine... to ignite muscle building and recovery.

✔ **Craving control:** Naturally boosts GLP-1, a key hormone that supports appetite regulation.

✔ **Metabolic energy:** Ultra-pure protein plus essential amino acids = fuel your body actually uses.

What's inside

- 40g patent-pending whey protein isolate
- Powered by Leucine® to trigger muscle growth
- BCAAs for direct muscle fuel
- Natural mushroom extract



- preservative
- 0g sugar · 160 calories
- No artificial junk
- Sweetened with monk fruit + Reb-M
- Gluten- and lactose-free
- Crisp Lemon-Lime flavor

Just think... a protein shake meets a sparkling beverage... with real results in every can.

* EARLY ACCESS: Ask the person who sent you this newsletter about the requirements for limited early access to this groundbreaking new product before the full launch in October 2025.



With Shaklee, It's Easy To...

- Enjoy the benefits of improved health!
- Have more energy and vitality!
- Enjoy natural beauty... inside and out!
- Protect our fragile environment!
- Achieve financial independence... forever!

Create your new future... through Shaklee!

Take charge of your life today... with Shaklee!