

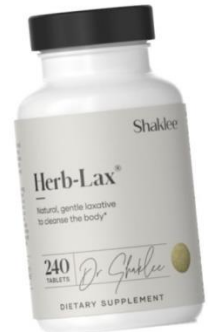


## WOW... 40 grams of protein!

- ▶ Sparkling Protein highlights...
- ▶ Every bubble has a purpose...
- ▶ Proven science
- ▶ Sparkling Protein in the News

## Herb-Lax: The science behind Dr. Shaklee's signature formula

- ▶ 9 different herbs
- ▶ Gentle, non-habit forming, safe
- ▶ How safe are chemical laxatives?
- ▶ Digestive health... the Shaklee way!



## Wrap your skin in science & nature this winter

- ▶ Try the Body Ritual Trio
- ▶ Revitalize Body Wash
- ▶ Restore Body Serum
- ▶ Nourish Body Lotion

**This email newsletter has been sent to you compliments of:**

**Scotia Health**

**Rick Manley & Jeannette Pothier**

781.275.8794

[info@scotiahealth.com](mailto:info@scotiahealth.com)

[www.scotiahealth.com](http://www.scotiahealth.com)

**Shaklee**  
INDEPENDENT DISTRIBUTOR

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*Through Shaklee, we are all...*

# Making a Difference!

**PROTEIN... is the basic food of all animals. Of course, protein is found in the cells of all vegetables, too. However, as 95% of your cell structure is protein, it requires a goodly supply to make repair and build new cells. Without protein, there would be no cells. Without protein, there would be no body. I think every human being should be vitally interested in his supply of protein, for there are many ways to weaken and alter the protein content of your food. For this reason, you must not only consider the QUANTITY of protein you eat... you must give careful consideration to its QUALITY. Protein that does not provide all of the amino acids may weaken your body structure by failing to do the complete job.**

*~ A Study Course in Nutrition by Forrest Shaklee Sr., DC, DD*

**Sparkling Protein highlights...**

- ☑ Builds and maintains lean muscle for longevity with 40 g of protein + leucine. Fuels muscle repair, recovery, and growth.
- ☑ Naturally boosts GLP-1 (the key hormone for curbing cravings) to help you feel fuller longer, with just 160 calories and zero sugar.
- ☑ Over 199 quality tests performed and made with clean, grass-fed whey that's ultra-filtered for easy digestion... it's pure protein you can trust.



**WOW... 40 grams of protein!**

rotein is much more than a nutrient... it's your body's primary repair system. Every movement, thought, and heartbeat depends on it. This powerhouse nutrient fuels muscle growth, hormone balance, enzyme activity, and even detoxification. Unlike fats and carbohydrates, protein can't be stored for later use. That's why daily intake is crucial to maintain muscle tone, metabolic rate, and healthy aging. Research shows that adequate protein supports lean muscle retention, especially during weight loss and as we get older. It keeps you energized, curbs cravings, and promotes steady blood sugar... key factors for long-term vitality.

For the best results, choose a complete protein source backed by science and purity... such as Shaklee's newest introduction... **Sparkling Protein...** with an impressive *40 grams* of whey protein designed specifically for muscle maintenance and building. And... if you're watching your weight, you'll also love the appetite-suppressing power of this delicious, fizzy, refreshing lemon-lime beverage!

*(continued on Page 2)*

**Scotia Health**  
**Rick Manley & Jeannette Pothier**  
 781.275.8794  
[info@scotiahealth.com](mailto:info@scotiahealth.com)  
[www.scotiahealth.com](http://www.scotiahealth.com)

**Product Ordering Guide**

Item Code	Product	Item Code	Product
22103	Sparkling Protein 12 12-oz cans	21320	Optiflora DI 30 svgs
20141	Herb-Lax 240s	20601	Stomach Soothing Complex 90s
20616	Liver DTX Complex 90s	89606	Body Ritual Trio
20633	EZ-Gest 30s	32622	Revitalize Body Wash
89218	EZ-Gest 3 bottles (save \$10)	32623	Restore Body Serum
80638	Optiflora System 30 svgs	32624	Nourish Body Lotion
20638	Optiflora Probiotic Powder 30 svgs	59657	Body Ritual Trio Gift Set
20639	Optiflora Probiotic Pearls 30 svgs	32536	Ultra Moist Shea Butter Cream

Not all featured products or sizes listed due to space limitations.

**It's here... 40 grams of superior protein in refreshing, delicious, muscle-building, craving-curbing Sparkling Protein!**

## Every bubble has a purpose...

### Sparkling Protein... the proven science

Shown in a clinical study to:

➤ **Naturally boost and sustain GLP-1 levels to manage hunger cravings.**

**Sparkling Protein** was shown in a clinical study to trigger a strong, sustained rise in GLP-1 levels.

➤ **Be highly absorbable.**

The amino acids in **Sparkling Protein** are rapidly absorbed and stay elevated for hours after consumption so your body can put those amino acids to work... supporting not just muscle but tissue repair, energy production, immune health, and more.

**Formulated to:**

➤ **Be non-inflammatory.**

Thanks to its streamlined formula with 40 g of protein and zero sugar.

➤ **Support metabolic health.**

Boost energy with ultra-pure protein and a precise ratio of essential amino acids.

➤ **Build and maintain lean muscle.**

With 40 g of protein and added leucine.

**Dietary Attributes**

➤ Gluten Free

➤ 0 g Sugar

➤ 0 g Lactose

➤ No Artificial Flavors

➤ No Artificial Sweeteners

➤ No Artificial Preservatives

➤ Caffeine Free

What if your afternoon energy drink actually did something good for you? Meet **Shaklee Sparkling Protein™**... a drink designed to refresh, restore, and redefine how you think about protein.

### Inside the science

Each can starts with beta-lactoglobulin (BLG) whey protein, nature's most efficient amino acid source. Unlike ordinary whey, BLG is rich in leucine... the amino acid that triggers the body's muscle-building process. *Shaklee adds even more leucine* to strengthen this effect, supporting muscle repair, collagen health, and metabolism. Fast-absorbing and clean-tasting, BLG whey delivers lasting nourishment without heaviness.

### The sparkle factor

Shaklee made it sparkling for a



reason.

Carbonation makes the drink light, refreshing, and... according to research... may help you feel full longer. Combined with malic acid (the same tang you taste in apples),

**Sparkling Protein** offers brightness and balance with every sip.

### Transparency you can trust

Shaklee whey protein comes from grass-fed cows raised on responsible farms, with 199 rigorous quality tests ensuring safety and purity. You won't find artificial colors, flavors, or preservatives here...

only clean, natural ingredients. Sweetened with monk fruit and stevia Reb M, it satisfies your taste buds without sugar. Even the **Sparkling**

Sparkling Protein triggered a strong, natural, sustained rise in GLP-1, the "I'm Full!" hormone

AFTER 30 MINUTES

>90% reported that they had little or no desire to eat

AFTER 60 MINUTES

100% reported that they had little or no desire to eat

AFTER 120 MINUTES

2/3 were comfortably full with low hunger and little to no desire to eat

**Protein** preservative, Nagardo®, is naturally derived from edible mushroom fungi.

### A functional lifestyle upgrade

Use **Sparkling Protein** post-workout to rebuild muscle, or enjoy it in place of your usual energy drink, coffee or snack. Instead of empty calories, you'll get clean protein that fuels recovery and keeps you satisfied. Over time, those small daily choices... more protein, less sugar... add up to a stronger, more vibrant you.

### Refreshment with a mission

Protein supports not just strength but also longevity, metabolism, and overall vitality.

**Shaklee Sparkling Protein** makes it easy to turn hydration into a wellness habit... refreshing, purposeful, and backed by science.

*Because every bubble should do something good for you!*

## Sparkling Protein in the News

**Shaklee Sparkling Protein** is featured in the October 2025 *US Weekly Magazine online*. Check out this exciting innovative new product and share the link below\* with all of your friends and family!

\*Article link: "Weight Loss Plateau? This Sparkling Protein Seltzer Builds Lean Muscle and Curbs Hunger"

<https://www.usmagazine.com/shopping/news/shaklee-sparkling-protein-seltzer-weight-loss/>



# Herb-Lax: The science behind Dr. Shaklee's signature formula

**H**erb-Lax® remains one of Shaklee's most trusted wellness solutions... because it works naturally, not harshly. Designed to restore regularity and digestive balance, this time-tested herbal formula promotes gentle elimination while supporting the body's own detoxification pathways. Unlike chemical laxatives, **Herb-Lax** does not irritate or damage the delicate cilia that line your intestinal tract. Instead, it works in harmony with your body to encourage normal motility and healthy cleansing... right down to the cellular level.

Each tablet combines nine botanicals, scientifically balanced for synergistic action:

☑ **Senna Leaf...** a natural cathartic that promotes regular elimination.

☑ **Buckthorn Bark...** helps ease chronic constipation with mild, dependable action.

☑ **Licorice Root...** soothes mucous membranes and supports adrenal balance.

☑ **Alfalfa ...** a nutrient-rich source of vitamins and minerals that gently nourish while cleansing.

☑ **Anise & Fennel Seeds...** calm digestive discomfort, relieve gas,

and enhance nutrient absorption.

☑ **Rhubarb Root...** supports gastric tone and acts as a natural laxative at higher doses.

☑ **Blue Malva Flower...** promotes bowel stimulation and hydration.

☑ **Culver Root...** aids bile flow for complete gastrointestinal detox support.

Inspired by traditional herbal wisdom and validated by modern science, **Herb-Lax** is your gentle, non-habit-forming ally for digestive wellness and internal vitality.



- **How safe are chemical laxatives?**
- A laxative is defined as a substance that is used to promote a bowel movement when you are constipated.
- Laxatives work by starting and stimulating peristaltic action... a wave like motion that occurs throughout your gastrointestinal tract that moves food into your stomach, through your intestines, into your colon, and out your rectum.
- Chemical laxatives are habit-forming and work by desensitizing your colon. Their use can irritate nerves and muscles along the intestinal lining, interfere with digestion and adsorption, cause cramps, deplete fluids, and create other physical internal problems.
- These laxatives can enlarge and seriously damage your colon when used for a long time. Eventually, after continual use, you will not be able to have a bowel movement without using them.



## Digestive health... the Shaklee way!

**D**igestive issues can affect everything... from nutrient absorption to immune response. Shaklee's advanced digestive health products are designed to restore internal balance using nature's wisdom and cutting-edge science.

☑ **Liver DTX Complex** features a targeted combination of herbs that enhance bile flow, defend liver cells from oxidative stress, and help the body eliminate toxins naturally.

☑ **EZ-Gest** provides rapid relief and ongoing digestive support with a complete multi-enzyme formula that assists in breaking down all major food components... supporting comfort and nutrient utilization.

☑ **Optiflora Prebiotic & Probiotic System** is a dual-step system that guarantees live probiotic delivery to the large intestine, ensuring beneficial bacteria reach where they're needed most.

☑ **Optiflora DI** goes even further than the **Optiflora System** with 10 billion CFUs of four powerful strains... including *Bifidobacterium lactis* Hn019™... clinically shown to enhance digestive and immune resilience.

☑ **Stomach Soothing Complex** offers gentle, fast-acting relief with four botanicals that calm and comfort the stomach.

Each Shaklee formula works synergistically to promote healthy digestion, strengthen your microbiome, and bring lasting comfort... naturally and effectively.



## Wrap your skin in science & nature this winter

### For ultra moisture...

If your skin need extra pampering, try **Enfuselle® Spa Ultra Moisturizing Shea Butter Cream**. Luxurious shea butter is extracted from the fruit of the shea tree, and has amazing moisturizing properties. With a wonderful consistency, **Shea Butter Cream** soaks deep into your skin, leaving it smooth and hydrated. Shaklee even added vitamin E for extra skin nourishment, and soothing aloe vera for healing. With a whisper of light fragrance, paraben-free **Shea Butter Cream** is for both hand and body.



Old weather steals moisture and vitality from your skin. Shaklee's **Body Ritual Trio** restores what winter takes away... hydration, strength, and glow... through advanced nutrient technology.



refreshing, tea-inspired cleanse.

**Restore Body Serum** blends niacinamide, hyaluronic acid, and polyphenols to hydrate deeply and reduce visible signs of aging.

**Nourish Body Lotion** delivers lasting softness with coconut and shea butter, sealing in moisture for smooth, firm skin.

Clinically inspired, botanically enriched... Shaklee **Body Ritual Trio** transforms daily care into a ritual of renewal and resilience.

Infused with a patent-pending polyphenol complex, this clean, luxurious three-step routine helps guard against oxidative stress and supports collagen integrity.

**Revitalize Body Wash** bathes skin in antioxidants, omega oils, and botanicals for a



**Creative idea:** This unique trio is also available in a lovely **Gift Set!**



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## With Shaklee, It's Easy To...

- Enjoy the benefits of improved health!
- Have more energy and vitality!
- Enjoy natural beauty... inside and out!
- Protect our fragile environment!
- Achieve financial independence... forever!

Create your new future... through Shaklee!

Take charge of your life today... with Shaklee!