



The body system most people ignore

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- Early signs you may need more collagen
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Why most collagen supplements fail to deliver results

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- Why collagen declines
- Why choose liquid collagen



How to find the right green home cleaners

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- Nature Bright
- Dish Washer Powder
- Tips for transitioning to green

This email newsletter has been sent to you compliments of:

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Shaklee
INDEPENDENT DISTRIBUTOR

Through Shaklee, we are all...

Making a Difference!

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Vitamin C enters into the formation of "collagen", a substance which provides the elasticity and firmness of all connective tissue... muscles, cartilage, bone, and even the blood vessel walls. All gelatin products are composed of collagen.

When people speak of bone disorders, they universally include disorders of the connective tissues that hold bones together. Most of the pains and aches are due to a disturbance of the joints, tendons, etc. It MAY be due to a nutritional deficiency...

Can anyone afford to risk the effect a nutritional deficiency has upon the framework of his body?

~ A Study Course in Nutrition by Forrest Shaklee Sr., DC, DD

Collagen facts...

- ◆ Collagen is by far the most abundant protein (comprising about 30%) in your body.
- ◆ Collagen accounts for three-quarters of the dry weight of skin.
- ◆ On a gram-for-gram basis, collagen type I is stronger than steel.
- ◆ Collagen decline starts in your twenties or thirties.
- ◆ Sugar and other refined carbs can also hamper your collagen's repairing capabilities.
- ◆ The production of collagen in the body cannot happen without vitamin C.
- ◆ The roots of the word "collagen" go back to the Greek word kólla, which means glue.



The body system most people ignore

Longevity isn't just about living longer... it's about staying strong enough to enjoy life while you do.

Your ability to walk comfortably, lift groceries, maintain balance, recover from activity, and stay independent all depends on one powerful system: your musculoskeletal system.

This includes your muscles, bones, joints, tendons, ligaments, and cartilage... the structural framework that keeps your body moving and functioning every day.

While many people focus on heart health or weight loss, musculoskeletal health is often the missing piece in the healthy aging conversation.

And it matters more than most people realize.

One vital component of the musculoskeletal system is collagen. In fact, collagen is the primary protein in conjunctive tissues and plays key roles in joint mobility, bone stability, skin smoothness and even the health of hair and fingernails. So it's critical that we support our body's naturally diminishing supply through bioavailable supplementation.

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Product Ordering Guide		Item Code	Not all featured products or sizes listed due to space limitations.
Item Code	Product	Item Code	
21529	Collagen-9 pouch 28 svgs		
21409	Collagen-9 pouch 40 svgs		
21398	Collagen-9 sticks 20 sticks		
21432	Liquid BioCell Life+ 30 svgs		
89883	Liquid BioCell Life+ 30 svgs-2pk		
00015	Basic-H2 16 oz		
00029	Basic-H2 64 oz		
00305	Nature Bright Laundry Boost 2 lb		
00295	Dish Washer Auto Powder 2 lb		
50407	Dish Washer Auto Dispenser		

**Got collagen?
 Got enough?
 Find out...**

The health impact of collagen...

Early signs you may need more collagen

Collagen helps support your joints, skin, tendons, ligaments, and nails... acting as part of the body's structural foundation. As natural collagen production declines with age, your body may begin showing subtle signs that it needs more support.

❑ Stiff or less flexible joints are often one of the first clues. If your knees, hips, or shoulders feel tighter than they used to, collagen loss in cartilage may be affecting mobility and comfort.

❑ Skin can also reveal changes early. Thinner, drier, or less firm skin often reflects declining collagen levels, since collagen helps maintain elasticity and hydration.

❑ Longer recovery after workouts may be another sign. Tendons and ligaments rely heavily on collagen for strength and repair, so reduced collagen can slow recovery.

❑ Brittle nails that peel or break easily may also point to weakened structural support.

❑ Sometimes, it simply feels like more overall "wear and tear"... less resilience, more stiffness, and slower recovery. These small changes often add up over time.

Shaklee collagen choices

❑ **Collagen-9™** pouch 28 servings

❑ **Collagen-9™** pouch 40 servings

❑ **Collagen-9™** sticks 20 sticks

❑ **Liquid BioCell® Life+** 30 servings

❑ **Liquid BioCell® Life+** 30 servings... 2-pack

When most people hear the word collagen, they think of beauty... smoother skin, stronger nails, or healthier hair. But collagen does far more than support appearance... it's the body's structural foundation.

Collagen is found in your bones, joints, cartilage, ligaments, tendons, and skin. It helps your body stay strong, flexible, cushioned, and resilient through every stage of life.



stiffness, reduced flexibility, slower recovery, or changes in how supported your body feels during everyday movement.

That's why collagen support should be about more than beauty. It

body, and it plays a major role in how you move and recover. Collagen...

☑ supports healthy joints and cartilage

☑ maintains bone density and structural strength

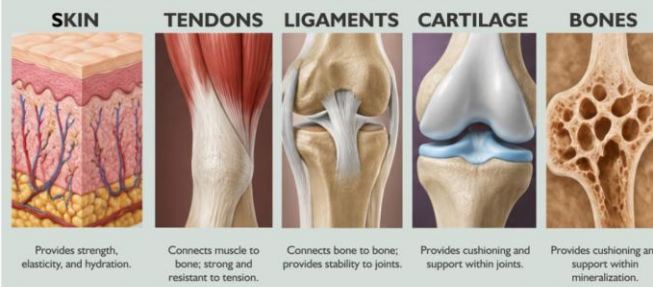
☑ promotes flexibility and connective tissue support

☑ improves skin hydration and elasticity

☑ helps your body recover from daily wear and tear

As we age, collagen breakdown increases while production slows. This process can begin surprisingly early... even in your mid-20s. Over time, that affects not just appearance, but mobility and long-term structural health.

WHERE COLLAGEN IS FOUND



A strong collagen network supports the body's structure, movement, and resilience... helping you stay strong, flexible and active.

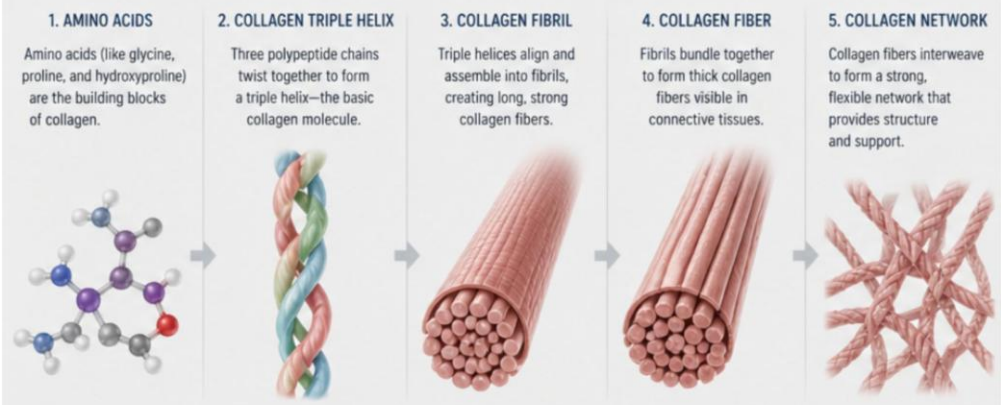
But as collagen production slows with age, these systems begin to feel the difference. You may notice it as

should be about how your body functions!

Why collagen matters

Collagen is the most abundant protein in the

FROM MOLECULE TO TISSUE



Why most collagen supplements fail to deliver results...

Many collagen products are built around a simple idea: take more collagen. But your body needs more than extra collagen... **it needs collagen that can actually be absorbed and used effectively!**

Traditional collagen molecules are often too large and inconsistent, making them harder for the body to fully utilize. Smaller, more consistent collagen micropeptides are easier for the body to absorb and put to work. That's where **Liquid BioCell® Life+** stands apart.

A more complete approach

Life+ is powered by patent-pending TriPlex Technology™, designed to support the full collagen lifecycle. Instead of focusing only on replenishment, it helps:

- ☑ protect existing collagen
- ☑ support ongoing



collagen renewal

- ☑ maintain the structural environment collagen depends on

At the center of this formula is the clinically studied Collagen/HA Matrix®.

This unique single-source complex provides:

- ☑ collagen micropeptides
- ☑ hyaluronic acid
- ☑ chondroitin sulfate

These ingredients naturally exist together in healthy cartilage, helping support cushioning, flexibility, hydration, and joint comfort. Because they are delivered together... not blended from separate sources... they better reflect how your body's connective tissues naturally function.

Precision support for bone & joint health

Life+ also includes targeted bioactives that help strengthen the entire structural system:

- ☑ **Pine Bark Extract**

Provides antioxidant support to help protect collagen from oxidative stress.



- ☑ **Calcium Fructoborate**

Supports bone density and the mineralized collagen framework depends on.



- ☑ **Fucoidan**

Helps support cellular

signaling and connective tissue balance.

- ☑ **Biotin + Zinc**

Help support healthy collagen formation and long-term renewal.



Together, these ingredients create a smarter, more complete collagen solution.

Support your body for the long run

Aging well is not just about how long you live... it's about how well your body supports you along the way.

Joint comfort, flexibility, movement, and independence all rely on strong structural health.

When collagen support declines, those everyday functions can slowly change.

Supporting collagen early helps protect the foundation your body depends on.

That means better mobility, stronger bones, smoother movement, and greater resilience over time.

Whether you're in your 30s, 40s, or beyond, healthy aging is not just about appearance. It starts with supporting your structure from within.

Taking **Life+** now is an investment in how you want to feel tomorrow.



Why collagen declines

Collagen loss is a normal part of aging, but several factors can accelerate it:

- ☐ Excess sugar intake can contribute to collagen damage through glycation.
 - ☐ UV exposure increases collagen breakdown in the skin.
 - ☐ Smoking generates oxidative stress that damages connective tissue.
 - ☐ Chronic inflammation weakens collagen renewal.
 - ☐ Low protein intake limits the amino acids needed for collagen production.
 - ☐ Lack of exercise reduces the stimulation connective tissue needs to stay strong.
- This is why collagen support works best as part of a bigger wellness strategy... not as a quick fix.

Why liquid collagen is changing the wellness conversation

Collagen is no longer just a beauty trend... it has become a key part of supporting healthy aging, mobility, and structural wellness. Liquid collagen is changing the conversation because it offers a more convenient and often more absorbable way to deliver targeted collagen support.

Unlike traditional powders or capsules, liquid collagen is designed for easy daily use and faster integration into busy routines. It supports more than skin health... helping joints, connective tissue, cartilage, and overall flexibility.

As people focus more on movement, recovery, and longevity, liquid collagen offers a smarter, more complete approach to wellness from within.

How to find the right green home cleaners

Tips for transitioning to green cleaning

❑ Read labels

carefully: Look for products that disclose all ingredients and avoid those containing known EDCs.

❑ Choose fragrance-free options:

Fragrances can contain phthalates and other harmful chemicals. Opting for fragrance-free products can reduce exposure.

❑ Use concentrated products:

Concentrated cleaners reduce packaging waste and often have fewer preservatives.

Fortunately, you won't have to stress over choosing safe, effective and economical green cleaners if you choose Shaklee!

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A clean home should support your health... not work against it.

Many conventional household cleaners contain chemicals known as endocrine disruptors, substances that can interfere with the body's hormonal system. Research links repeated exposure to ingredients like phthalates, parabens, triclosan, and glycol ethers with hormone imbalance, reproductive concerns, developmental issues, and other long-term health risks.

These chemicals often hide in

fragranced products, antibacterial cleaners, and harsh degreasers... sometimes without being clearly listed on the label.

That's why choosing safer, green cleaning products matters.

Shaklee offers effective alternatives designed to clean powerfully without unnecessary chemical exposure. **Basic H2®**

Organic Super Cleaning Concentrate

is a versatile favorite... safe for countertops, glass, kitchens, bathrooms, and more. One 16-ounce bottle *makes up to 48 gallons of cleaner*, making it



both economical and eco-friendly.

Nature Bright® Laundry Booster uses enzymes and active oxygen instead of chlorine bleach, while **Get Clean® Dish Washer Concentrate** delivers sparkling dishes without chlorine, phosphates, or toxic residue.



Green cleaning supports better indoor air quality, protects your family, and helps reduce environmental impact... without sacrificing results.

With Shaklee, It's Easy To...

- Enjoy the benefits of improved health!
- Have more energy and vitality!
- Enjoy natural beauty... inside and out!
- Protect our fragile environment!
- Achieve financial independence... forever!

Create your new future... through Shaklee!

Take charge of your life today... with Shaklee!