



**Control how you age...  
starting now!**

- ▶ What if you could change it?
- ▶ Want to up your NAD+?
- ▶ 12 Hallmarks of Aging

## The Shaklee ultimate guide to living Age Free!

- ▶ The Bio-Age Longevity System
- ▶ Cellular Reset Stack
- ▶ Bio-Age Reset Stack
- ▶ The truth behind “clinically proven”



**Welcome Wild Berry! We're  
so-o-o-o glad you're here!**

- ▶ Choose... Lemon Lime or Wild Berry
- ▶ 40 g of protein and zero sugar
- ▶ Wild Berry Citrus Sparkler
- ▶ Blackberry Mint Fizz

**This email newsletter has been sent to you compliments of:**

**Scotia Health**

**Rick Manley & Jeannette Pothier**

**781.275.8794**

[info@scotiahealth.com](mailto:info@scotiahealth.com)

[www.scotiahealth.com](http://www.scotiahealth.com)

**Shaklee®**  
INDEPENDENT DISTRIBUTOR

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Hello Wild Berry!

*Through Shaklee, we are all...*

# Making a Difference!

*Can old age really be postponed? It most assuredly can! The fallacy of old age seems to be the biggest bug-a-boo in the lives of our people. The big question in the lives of us all is not how many years we have lived, but HOW we have lived them.*

*The effect the years have upon you can easily be prevented. Man cannot live forever, of course, but he can live free from pain and discomfort... IF he will provide the natural nutritional substances necessary to keep his body in good repair.*

*You can postpone old age, IF you will provide good building material. The key is to prevent sickness instead of treating it.*

*~ A Study Course in Nutrition by Forrest Shaklee Sr., DC, DD*

**7 fascinating facts about aging**

- Age is more than a number. Biological aging reflects changes throughout your cells and tissues.
- Genes aren't your destiny. Lifestyle and environment also influence aging.
- Cellular energy declines as mitochondria become less efficient.
- Cellular damage accumulates as repair systems change.
- Muscle and bone can decline, especially without exercise.
- Your brain keeps adapting through neuroplasticity.
- Daily choices matter. Exercise, nutritious food, sleep, and lower stress support a longer, healthier life.

**Control how you age... starting now!**

How well are you aging? Do you look and feel younger... or older... than those who share your birth year? What are you doing to slow your aging process?

Of course we all know that eating a clean diet, exercising regularly, sleeping soundly, hydrating liberally and reducing stress are all a prescription for a healthy lifestyle. But... we also know that it's easy to fall short of that ideal. Life is often busy and hectic and can sabotage our health goals.

Fortunately... you've found Shaklee... ***the most clinically proven wellness company in the world!*** And now... Shaklee has launched new breakthrough research and products that will transform how you age!

At the center of this innovative protocol is one of Shaklee's most effective products... **Vivix...** now upgraded to **Vivix+!** Shaklee took their premier anti-aging supplement and enhanced it ***dramatically*** to produce ***the most clinically proven longevity product in the world!*** In fact, **Vivix+ is scientifically proven to reduce 8 years of cellular aging in just 2 months!**

So... are you ready to live "Age Free"?

*(continued on Page 2)*

**Scotia Health**  
**Rick Manley & Jeannette Pothier**  
 781.275.8794  
[info@scotiahealth.com](mailto:info@scotiahealth.com)  
[www.scotiahealth.com](http://www.scotiahealth.com)

**Product Ordering Guide**

| Item Code | Product                          | Item Code | Product                            | Not all featured products or sizes listed due to space limitations. |
|-----------|----------------------------------|-----------|------------------------------------|---------------------------------------------------------------------|
| 21500     | Vivix Liquid - Original 30 svgs  | 21418     | Life Shake Soy Café Latte 14 svgs  |                                                                     |
| 21501     | Vivix Liquid Gels 60s            | 21410     | Life Shake Plant Vanilla 14 svgs   |                                                                     |
| 21511     | Vivix Gummies 90s                | 21411     | Life Shake Plant Choc 14 svgs      |                                                                     |
| 22911     | Vivix Liquid - Kosher 30 svgs    | 22099     | Methylated Vita-Lea 120s           |                                                                     |
| 22106     | Vivix+ 60s                       | 21223     | VitalMag 30s                       |                                                                     |
| 89892     | Cellular Reset Stack 30 svgs     | 22077     | OmegaGuard 60s                     |                                                                     |
| 21432     | Liquid BioCell Life+ (1) 15 svgs | 22078     | OmegaGuard 180s                    |                                                                     |
| 89883     | Liquid BioCell Life+ (2) 30 svgs | 21320     | Optiflora DI 30s                   |                                                                     |
| 89885     | Bio-Age™ Reset Stack 30 svgs     | 22066     | MindWorks 30s                      |                                                                     |
| 21414     | Life Shake Soy Vanilla 14 svgs   | 22103     | Sparkling Protein Lem/Lime 12-pack |                                                                     |
| 21416     | Life Shake Soy Choc 14 svgs      | 21431     | Sparkling Protein Lem/Lime 12-pack |                                                                     |
| 21420     | Life Shake Soy Strawb 14 svgs    |           |                                    |                                                                     |

# What if you could change the way you age?

## Want to up your NAD+?

NAD+ infusions are all the rage right now in the ongoing quest for longevity and superior health. But... sessions can range from \$200 to \$1,500, often requiring multiple visits. NAD+ infusion therapy benefits are largely inconsistent and can result in unpleasant side effects such as dizziness, nausea, anxiety, and sweating.

Many people prefer to try a NAD+ supplement instead. The problem is... there are hundreds on the market. So which one do you choose?

Just like with infusions, there are problems with supplements. According to the Health Sciences Institute, independent supplement testing recently evaluated 10 top-selling NAD+ products. The results:

- 5 out of 10 supplements contained little or no NAD+... despite what the label claimed.
- Only 4 supplements delivered 95% or more of the amount promised.
- One brand failed its first test and barely passed a second attempt with wildly inconsistent results.
- Many brands claimed exaggerated label doses to appear more effective or appealing.

Isn't it fortunate that you know about Shaklee Vivix+?

**Vivix+... the most clinically proven longevity supplement in the world!**

aging used to be considered something we

simply had to accept: less energy, slower recovery, and declining function.

Longevity science is rewriting that story.

Scientists now understand that many aspects of aging begin inside our cells, where biological processes influence energy production, DNA repair, stress response, and cellular resilience.

The new goal isn't simply to live longer... **it's to live better, longer!**

## Healthy aging starts in your cells

Oxidative stress can damage DNA, proteins, mitochondria, and other cellular structures. Shaklee has studied this process for decades, resulting in **Vivix®**, a

multi-patented polyphenol formula designed to support natural cellular defenses.

But protection is only part of the longevity equation.

Cells also depend on NAD+ for energy production, DNA repair, and healthy function. NAD+ naturally declines with age... and repairing cellular damage can further draw upon available NAD+. That connection helped inspire something new.

## Protect the cell. Power the cell.

**Vivix+™** combines cellular defense and cellular energy support in one advanced dual-pathway formula.

Its patented ingredient combination has been studied in relation to all **12 Hallmarks of Aging**.††

**Vivix+** is clinically proven to:

Reverse **8 years** of cellular aging in just **2 months!**^

Increase VO<sub>2</sub> max... the strongest predictor of longevity... **without exercise.**

Increase NAD+ **70% in 24 hours!**

Deliver **35x more usable NAD+** than NAD+ IV infusions.

**Double** mitochondria and cellular energy.‡

Reduce DNA damage **by two-thirds.**‡

Produce **double-digit declines** in key inflammatory markers.†

Increase endurance **18% in two months!**

Slow telomere shortening **by 57%!**

**Vivix+ is backed by 27 global patents, five clinical studies, and 20 laboratory studies.**

## Invest in your future

You can't stop birthdays. But you can support the biology behind how you age.

**Vivix+** helps protect your cells, power cellular energy, and support longevity from within... giving your future self a stronger foundation today.

† Key ingredients shown clinically to blunt inflammatory response following a high-fat, high-carbohydrate meal in healthy people.

‡ Laboratory studies.

†† Patented ingredient combination studied in relation to all 12 Hallmarks of Aging.

^ Based on changes in VO<sub>2</sub> max compared with typical age-related decline.



# The Shaklee ultimate guide to living Age Free!

Are you ready to take control of how you age?

Shaklee believes that your biological age doesn't have to define your life. With **over 70 years of research, \$500 million invested in science, and more than 110 clinical studies**, this remarkable company has built wellness solutions designed to support the key biomarkers of longevity... so you can feel, look, and live younger, longer.

This truly is a new mindset... where age is a metric, not a mandate... where science meets lifestyle, and... redefining what it means to grow older... to live stronger, healthier, and more vibrantly for as long as possible.

In Shaklee we all know that nutritious food, regular exercise, restorative sleep, stress management, along with targeted supplementation all help create a foundation for healthier aging.

But how do **you** know which supplements will help reverse **your** biological age?

**Welcome to... the Bio-Age™ Longevity System\***

Your biology adapts to the signals it receives. Knowing where you are today gives you a baseline to understand

your biology. **The Bio-Age Longevity System\*** is a clinically proven approach to upgrading your biology and lowering your cellular age.

Complete the assessment\* to uncover your **Bio-Age™** score and receive a personalized plan with science-backed products and healthy habits tailored to your results.

So that you can start controlling your biology today, Shaklee has designed two product stacks that dramatically impact aging.

## Cellular Reset Stack

Anchored by **Vivix+™**... clinically proven to reverse 8 years of cellular aging in just 2 months, the

**Cellular Reset Stack** is formulated to help power cellular energy and target inflammaging, a root cause of visible skin aging. **Liquid BioCell® Life+** is formulated to support your entire collagen lifecycle, helping protect, stimulate, and build collagen for joint mobility, bone strength, and smoother-looking skin. This advanced daily ritual

works from the inside out, where cellular longevity meets visible vitality.

## Bio-Age™ Reset Stack\*\*

This daily stack targets 5 key longevity pathways for powerful benefits you'll see and feel. Features **Vivix+™**... clinically proven to

**reverse 8 years of cellular aging in just 2 months and raise VO2 max without exercise, Liquid BioCell Life+** formulated to support the complete collagen lifecycle, clinically proven **Life Shake®** for 20 g clean plant protein, and **Life Essentials** for foundational nutrition.

The **Bio-Age Reset Stack\*\*** is the most advanced longevity solution, clinically proven to upgrade your biology.

\*To take the Shaklee longevity assessment, visit: [https://us.shaklee.com/en\\_US/s/longevity/bio-age-assessment/](https://us.shaklee.com/en_US/s/longevity/bio-age-assessment/)

\*\*The products in this pack represent the Shaklee nutritional supplements that were taken by those who participated in the **Landmark Longevity** clinical study and were clinically proven to have a biological age 11 years younger than their chronological age. Each daily Life Essentials sachet contains: 1 Methylated Vita-Lea, 1 VitalMag, 1 OmegaGuard, 1 Optiflora DI and 1 MindWorks.

## The truth behind "clinically proven"

- "Science-backed" and "clinically proven" appear everywhere in the wellness industry... but those words don't always mean the evidence is equally strong. So how can you separate solid science from clever marketing?
- Start by looking behind the claim.
- ☐ **Look for well-designed studies.** Randomized, double-blind, placebo-controlled clinical trials help reduce bias and determine whether a product actually produced the observed results.
- ☐ **Look beyond one study.** A promising result is a beginning, not a conclusion. Confidence grows when findings are supported by multiple studies.
- ☐ **Check for peer review and publication.** Research published in scientific journals has been evaluated by other experts, making the findings available for scrutiny.
- ☐ **Know what was actually studied.** Laboratory research can reveal how an ingredient affects cells, while human clinical trials determine whether those effects produce meaningful results in people.
- ☐ **Consider the company behind the science.** Does it invest in ongoing research, collaborate with scientific institutions, publish findings, and continue testing its products?
- **That's the standard Shaklee has pursued for 70 years...** combining laboratory research, human clinical studies, published findings, and continued investigation.
- Because trustworthy science isn't simply a claim on a label. It's a process... and a commitment to following the evidence.



## Welcome Wild Berry! We're so-o-o-o glad you're here!

### Blackberry Mint Fizz

#### Ingredients

- ☐ 1 can **Sparkling Protein™ Wild Berry**
- ☐ ¼ cup fresh blackberries
- ☐ 6–8 fresh mint leaves
- ☐ 1 tsp fresh lime juice
- ☐ Ice
- ☐ Fresh blackberries and a mint sprig, for garnish (optional)

#### Directions

Add blackberries, mint leaves, and lime juice to the bottom of a glass and gently muddle. Fill with ice and pour in **Sparkling Protein Wild Berry**. Stir gently and garnish with additional blackberries and a sprig of mint.



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The newest **Sparkling Protein** flavor is here... and you're going to love it... **Wild Berry!**

And just like the original **Lemon Lime Sparkling Protein**, this fizzy delight was shown in a clinical study to:

- Naturally boost and sustain GLP-1 levels to manage hunger cravings.
- Be highly absorbable: The amino acids are rapidly absorbed and stay elevated for hours after consumption to support muscle and tissue repair, energy production, immune health, and more.

Formulated to:

- **Be non-inflammatory:** With 40 g of protein and zero sugar.
- **Support metabolic health:** Boost energy with ultra-pure protein and a precise ratio of essential amino acids.
- **Build and maintain lean muscle:** 40 g of protein and added leucine.

And here are two mocktail recipes to make the most of this wild new flavor:

### Wild Berry Citrus Sparkler

#### Ingredients

- ☐ 1 can **Sparkling Protein™ Wild Berry**

- ☐ ¼ cup fresh mixed berries (strawberries, raspberries & blueberries)
- ☐ 2 orange slices
- ☐ 1 tsp fresh lemon juice
- ☐ Ice
- ☐ Fresh mint, for garnish (optional)

#### Directions

Fill a tall glass with berries and lemon juice and gently muddle. Add orange slices and ice. Slowly pour in **Sparkling Protein Wild Berry** and stir gently. Garnish with fresh mint, if desired.



## With Shaklee, It's Easy To...

- Enjoy the benefits of improved health!

- Have more energy and vitality!

- Enjoy natural beauty... inside and out!

- Protect our fragile environment!

- Achieve financial independence... forever!

**Take charge of your life today... with Shaklee!**

